

RHACC

Richmond and Hillcroft Adult Community College

SUPPORTED LEARNING COURSE GUIDE

SUPPORTED LEARNING

COURSES FOR ADULTS WITH SPECIAL EDUCATIONAL NEEDS AND DISABILITIES

RHACC.AC.UK



# EDUCATION FOR EVERYONE

## WHAT YOU WILL LEARN AT COLLEGE:



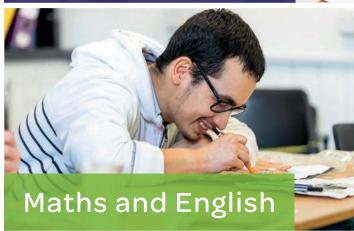


















# EXPERTS IN SUPPORTED LEARNING



RHACC has been awarded a Good Grade by OFSTED. It was noted that vulnerable learners were well supported and are prepared well to participate in college life. We offer small class sizes and are focused on outcomes that help learners gain independence.

- A wide range of courses to develop skills for everyday life.
- You can choose from short or longer term courses to fit in with your needs.
- You will be taught in a small class of usually no more than 10 learners.
- We build your confidence to help you develop yourself in the world outside of college.

- We have experienced, knowledgeable and skilled tutors.
- We offer supportive and caring Learning Support Workers (LSWs).
- You will enjoy mixing with other students whilst learning.
- You will have opportunities to visit local businesses, shops and community centres.





### **HOW TO ENROL**

To help us deliver the best support for you please tell us about yourself using the course enquiry form in the back of this brochure. The digital form is also available online at rhacc.ac.uk/supported-learningenquiry-form. We will then contact you to arrange a meeting.

You can find out about our full range of supported learning courses by contacting the Programme Manager on **020 8891 5907 ext. 5012** or email supportedlearning@rhacc.ac.uk

For Merton courses contact us at: mertonoutreach@rhacc.ac.uk or call **07956 934469**.

### **FUNDING AND HELP WITH COSTS**

### MOST OF OUR SUPPORTED LEARNING COURSES

#### **ARE FREE TO ATTEND**

If you need a support worker in class, we can usually provide this for free as well. A few of our courses have a fee because they are just for fun, but bursaries are available for learners who need them.

#### **HELP WITH** TRANSPORT COSTS

Travel and transport costs are usually provided by your local council, but if you need further support please contact us to find out about your travel options.

If you are facing financial difficulties, we may also be able to provide help to pay for your lunch whilst you attend College. Please talk to us about any financial help that you need.



**ART AND DESIGN** | Enjoy being creative



#### ART AND COMMUNICATION

This course uses art to help you improve your language and communication skills.



#### **CREATIVE ARTS**

You will learn painting and drawing as well as making models and pictures with different materials.



#### **GARDENING**

You will learn about vegetables and herbs that you can grow at college and at home. The course covers how to plant and what you need to buy to help your plants grow. This course will also help you with communication and number skills.



#### PLANET AND THE ENVIRONMENT

You will learn about how to recycle and reuse materials and how our waste affects the planet. We will teach you how to reduce waste and reuse items rather than throwing them away.



#### **WORLD OF FASHION**

This course will teach you about fashion and the industry itself. You will learn how to create your own style and also how to upcycle your old clothes to create new ones.

#### **EXERCISE AND DANCE** Keep fit and healthy



#### **MUSIC AND DRAMA**

This enjoyable course helps you to show your talents in singing, dancing and acting. You will learn to work together and support each other.



#### **WORLD OF SPORT AND COMMUNICATION**

This fun course uses sport and exercise to keep you fit and healthy, help you work as a team and improve your communication.

#### **VOCATIONAL AND INDEPENDENT LIVING**

Learn to look after yourself



#### **BEAUTY AND SELF CARE**

You will learn how to take care of yourself – keeping clean, using beauty products, looking and feeling good.



#### **COMPUTERS AND COMMUNICATION**

This course will teach you how to use a computer, an iPad and some of the functions on your smart phone. You will learn how to send emails, use Word and how to save documents.



#### **COOKERY**

This course will teach you how to shop for ingredients, plan meals and cook. You will also learn about health and safety and how to prepare food in a catering environment which will give you skills to help you find work in the industry. You will also improve your communication and Maths skills.



#### **CURRENT AFFAIRS AND CITIZENSHIP**

Learn about what is in the news, what is happening in your local area and in the world.



#### **INDEPENDENT LIVING SKILLS**

This course will help you to develop your independence, personal and social skills so you can learn to look after yourself when you live away. You will learn about money, keeping yourself and your room clean, washing and keeping yourself safe.



#### **WORLD OF WORK**

This course will teach you how to be a good employee. You will learn about being on time, talking to people, writing and working together.





#### **ARTS AND CRAFTS**

In this course you will learn the skills to make your own arts and crafts pieces. We also offer specialist courses if you have Dementia to help trigger memories, or learn about art and make your own work.



#### **COMMUNITY AND DEMOCRACY**

Find out about your community, learn how you can vote, what goes on in parliament and issues that may effect you, such as recycling.



#### **COMPUTER SKILLS**

Learn how to use computers, tablets and smartphones in your everyday life. You can also learn new software that could help you get a job.



#### **COOKERY AND CATERING**

You will learn how to cook and prepare food at home as well as learning the skills that could help you get a job in a kitchen or café.



#### **DANCE**

Learn some practical performance skills to help you dance and use rhythm. Gain confidence to take part in a performance.



#### **DIGITAL PHOTOGRAPHY**

Learn how to take pictures using a digital camera or a smartphone. A practical course to help you take good pictures and images.



#### **DRAMA**

A practical course to help you with your acting skills and to stand up and give a performance.



#### **EMPLOYMENT SKILLS/CUSTOMER SERVICE**

You will learn how to apply for a job, how to behave at work and how to serve customers.



#### **EXERCISE AND ACTIVE LEISURE**

You will learn some simple exercises and activities to make you feel healthier and help keep you more active.



#### **GARDENING AND ECO AWARENESS**

A practical course to find out how things grow and to help you to be more aware of your environment, for example how we can recycle.



#### **MATHS AND ENGLISH**

A course to help you get started with Maths and English. Learn some straightforward skills that you can use everyday.



#### PREPARING TO TRAVEL

This course will help you take the first steps to understand and use buses and trains and how to stay safe. You will gain the skills and confidence to increase your independence when travelling.



#### **SKILLS FOR INDEPENDENCE**

A course to help you live safely at home. Learn how to deal with home safety, dealing with people that may call, what to do when things go wrong at home and how to complete everyday tasks such as cleaning and laundry.

FOR MORE INFORMATION VISIT WWW.RHACC.AC.UK





# SUPPORTED LEARNING

RICHMOND and Hillcroft Adult Community College





#### **RICHMOND (Parkshot Campus)**

Richmond, Surrey TW9 2RE **T** 020 8891 5907 **E** info@rhacc.ac.uk

#### **KINGSTON (Hillcroft Campus)**

South Bank, Surbiton, Surrey KT6 6DF T 020 8399 2688 E info@rhacc.ac.uk



#### **MERTON**

RHACC offers a range of courses for adults 19+ with special educational needs and disabilities on behalf of Merton Council. Courses are held in different locations in the Merton area.

For more information or to discuss your needs contact us:

T 07956 934469

E mertonoutreach@rhacc.ac.uk

#### **CONTACT**

Richmond and Hillcroft Adult and Community College Parkshot, Richmond, Surrey TW9 2RE South Bank, Surbiton, Surrey KT6 6DF T 020 8891 5907 E info@rhacc.ac.uk

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